

# SAFETY IN NUMBERS

CHOOSING THE RIGHT INSTAGRAM FILTER TO FAKE A SUMMERY GLOW IS ONE THING. CHOOSING THE RIGHT LEVEL OF SPF TO ENSURE YOUR SKIN IS SAFE AND SUN KISSED REQUIRES A BIT MORE PLANNING. READ ON FOR OUR GOLDEN RULES FOR FUN IN THE SUN, FROM SUNSCREENS THAT DO MORE THAN PROTECT TO SELF-TANNERS THAT BRONZE LIKE A BOSS.



# SCREEN TIME

QUENCH YOUR SKIN'S THIRST FOR PROTECTION WITH THE RIGHT SPF AND AFTER SUN MUST-HAVES



## WELCOME MATTE

If the tacky finish that most sunscreens leave behind leaves you cringing, reach for **Aesop Protective Body Lotion SPF 50**. The lightweight texture and matte finish leaves skin silky, not sticky.



## MOISTURE MANIAC

The sun's rays are drying. Treat parched skin to a dose of **Eisenberg Paris Sublime Tan Face & Body Oil**. Packed with essential fatty acids and Vitamin E, your skin will drink it up.



## PRIME TIME

Sunscreens aren't always the most makeup-friendly. The exception? **Chantecaille Ultra Sun Protection SPF 45 Primer**. The anti-aging formulation is oil-free meaning your foundation stays put.

## SEEING RED

Oops! Despite your best efforts, you burnt your nose. Soothe inflamed skin with **Eisenberg Paris Sublime Tan After Sun Anti-Aging Face Mask**. Leave on for 5 to 20 minutes to minimise damage and calm redness.



## GUIDING LIGHT

Strobe like a Kardashian with **Dr. Jart Every Sun Day Illuminating Sunscreen SPF 36**. Micro opal pearls help brighten skin tone and deliver radiance, meaning you can leave your highlighter on the shelf.



## COMPLEXION PROTECTION

Designed for sensitive skin, **Avène Tinted Cream SPF 50**, offers maximum protection (most dermatologists only recommend up to SPF 50) while its tinted formulation evens out complexions.



## LATHER UP

Your mane needs protection too. Treat your locks and scalp to a spritz of **Nuxe Paris Moisturising Protective Milky Oil for Hair**. Afterwards, wash away sunscreen, salt and chlorine with **Nuxe Paris After-Sun Hair & Body Shampoo**. The two-in-one sends them all straight down the drain.

# FAKE 'N BAKE

FOR A SUN KISSED GLOW MINUS THE UV RAYS, THE RIGHT BOTTLE OR COMPACT IS ALL YOU NEED



## SMOOTH AS SILK

If you're after a matte bronzer that won't highlight your pores (shimmer can enhance their appearance), brush on **Urban Decay Beached Bronzer**, available in two creamy shades.



## BABY SKIN

Designed for the sensitive skin of the face, **Sisley Self Tanning Hydrating Facial Skin Care** moisturises while it darkens thanks to hydrating stevia leaf and chestnut extract.



## TWO TIMER

Double up your tanning power with **Clarins Self Tanning Milky Lotion**. It tans both your face and body plus its fresh scent does away with that icky DHA odor.



## MIDAS TOUCH

Thanks to its tinted formulation, you can actually see where you've applied **Guerlain Terracotta Sunless Tinted Self-Tanning Gel**, meaning a streak-free tan is guaranteed in just one hour.

## CIRQUE DE SOLEIL

We admit this limited edition **Sephora Sun Disk Bronzer** is almost too pretty to use but use you must if you're after subtly golden cheeks with just a hint of shimmer. We suggest you buy two.



## UPWARDLY MOBILE

Bronze on the go with a **Sephora Self-Tanning Wipe**. Pop one in your purse and in just a few minutes, you'll look like you spent a week lounging on the sandy shores of St. Tropez.



## HAPPY HOURS

No matter your skin tone, **Estée Lauder Bronze Goddess Luminous Liquid Bronzer** leaves behind a (temporary) pearlescent glow. Great when you want a tan for one night only. ☺